

March 2023

B - HALL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:00 COFFEE / TV 1 10:00 MORNING WALK 10:30 EXERCISE 2:00 TABLE / BOARD GAMES 4:00 TELL IT ALL 	9:00 COFFEE / TV 2 10:00 M.B.C 10:30 EXERCISE 2:00 BINGO 4:00 CURRENT EVENT 	9:00 COFFEE / TV 3 10:00 MORNING WALK 10:30 EXERCISE 2:00 TREAT OF THE DAY 3:00 - 4:00 MOVIES 	9:00 COFFEE / TV 4 10:00 RELIGIOUS MUSIC 1:30 SIT AND CHAT 
9:00 COFFEE / TV 5 10:00 RELIGIOUS MUSIC 1:30 HYDRATION AND CONVERSATION 2:00 SIT AND CHAT 3:00 FAMILY VISIT 	9:00 COFFEE / TV 6 10:00 MORNING WALK 10:30 EXERCISE 2:00- 3:00 107 SOUTH 4:00 ARTS AND CRAFTS 	9:00 COFFEE / TV 7 10:00 MORNING WALK 10:30 EXERCISE 2:00 BINGO 4:00 FINISH THE LINE 	9:00 COFFEE / TV 8 10:00 MORNING WALK 10:30 EXERCISE 2:00 TABLE / BOARD GAMES 4:00 TELL IT ALL 	9:00 COFFEE / TV 9 10:00 MORNING WALK 10:30 EXERCISE 2:00 BINGO 4:00 CURRENT EVENTS 	9:00 COFFEE / TV 10 10:00 MORNING WALK 10:30 EXERCISE 2:00 TREAT OF THE DAY 3:00 - 4:00 MOVIES 	9:00 COFFEE / TV 11 10:00 RELIGIOUS MUSIC 1:30 SIT AND CHAT 
9:00 COFFEE / TV 12 10:00 RELIGIOUS MUSIC 1:30 HYDRATION AND CONVERSATION 2:00 SIT AND CHAT 3:00 FAMILY VISIT 	9:00 COFFEE / TV 13 10:00 MORNING WALK 10:30 EXERCISE 2:00 NAILS 3:00 -4:00 ARTS ANS CRAFTS4 	9:00 COFFEE / TV 14 10:00 MORNING WALK 10:30 EXERCISE 2:00 BINGO 4:00 FINISH THE LINE 	9:00 COFFEE / TV 15 10:00 MORNING WALK 10:30 EXERCISE 2:00 TABLE / BOARD GAMES 4:00 TELL IT ALL 	9:00 COFFEE / TV 16 10:00 MORNING WALK 10:30 EXERCISE 2:00 BINGO 4:00 CURRENT EVENTS 	9:00 COFFEE / TV 17 10:00 MORNING WALK 10:30 EXERCISE 2:00 TREAT OF THE DAY 3:00 - 4:00 MOVIES 2:00 TREAT OF THE DAY 3:00 - 4:00 MOVIES 	9:00 COFFEE / TV 18 10:00 RELIGIOUS MUSIC 1:30 SIT AND CHAT 
9:00 COFFEE / TV 19 10:00 RELIGIOUS MUSIC 1:30 HYDRATION AND CONVERSATION 2:00 SIT AND CHAT 3:00 FAMILY VISIT 	9:00 COFFEE / TV 20 10:00 MORNING WALK 10:30 EXERCISE 2:00 NAILS 3:00 -4:00 ARTS ANS CRAFTS4 	9:00 COFFEE / TV 21 10:00 MORNING WALK 10:30 EXERCISE 2:00 BINGO 4:00 FINISH THE LINE 	9:00 COFFEE / TV 22 10:00 MORNING WALK 10:30 EXERCISE 2:00 BIRTHDAY PARTY 	9:00 COFFEE / TV 23 10:00 MORNING WALK 10:30 EXERCISE 2:00 BINGO 4:00 CURRENT EVENTS 	9:00 COFFEE / TV 24 10:00 MORNING WALK 10:30 EXERCISE 2:00 TREAT OF THE DAY 3:00 - 4:00 MOVIES 	9:00 COFFEE / TV 25 10:00 RELIGIOUS MUSIC 1:30 SIT AND CHAT 
9:00 COFFEE / TV 26 10:00 RELIGIOUS MUSIC 1:30 HYDRATION AND CONVERSATION 2:00 SIT AND CHAT 3:00 FAMILY VISIT 	9:00 COFFEE / TV 27 10:00 MORNING WALK 10:30 EXERCISE 2:00 NAILS 3:00 -4:00 ARTS ANS CRAFTS4 	9:00 COFFEE / TV 28 10:00 MORNING WALK 10:30 EXERCISE 2:00 BINGO 4:00 FINISH THE LINE 	9:00 COFFEE / TV 29 10:00 MORNING WALK 10:30 EXERCISE 2:00 TABLE / BOARD GAMES 6:00 MASSIA 	9:00 COFFEE / TV 30 10:00 MORNING WALK 10:30 EXERCISE 2:00 BINGO 4:00 CURRENT EVENTS 	9:00 COFFEE / TV 31 10:00 MORNING WALK 10:30 EXERCISE 2:00 TREAT OF THE DAY 3:00 - 4:00 MOVIES 	SHOPPING WEEKLY BEAUTY SHOP WEEKLY ACTIVITIES ARE SUBJECT TO CHANGE PLEASE SEE MRS. DIANE OR MRS. JUNETHA