

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Music/ Coffee 10:00 Family Visits 2:00 Calvary Tab/TV 3:00 Manicures	2 9:30 Exercise/TV 10:00 Catholic Servers/TV 10:30 Music Therapy 2:30 LABOR DAY SOCIAL 4:00 Letter Writing <small>Labor Day</small>	3 9:15 Library 9:30 Exercise/TV 10:00 Catholic Serv./TV 10:30 Music Therapy 2:30-4 Resident Council 6:30 Minister Williams	4 9:30 Music Therapy 10:00 Exercise/TV 10:30 Kingsville B.C 2:30 Guardian Bingo 4:00 Lets Talk Game	5 9:30 Music Therapy 10:00 Exercise/TV 2:00 Bingo/TV 3:00 Catholic Severs 4:00 Red Hats Meeting	6 9:30 Music Therapy 10:00 Exercise/TV 1:30 P.O.A/TV 2:00 Grandparents Day 4:00 Current Events/TV	7 9:30 Exercise/TV 10:00 Chaplin Howard 2:00 BINGO/TV 3:00 Love Fellowship 4:00 Coloring/Group Discussion
8 9:30 Music/ Reading 10:00 Religious/ Devotional 2:00 Group Games/Music 3:00 Manicures <small>Grandparents' Day</small>	9 9:30 Exercise/TV 10:00 Catholic Serv/TV 10:30 Music Therapy 2:30 Men Under Construction 3:00 Senior Olympics Practice 6:30 New Scott Olly B.C	10 9:30 Exercise/TV 10:00 Music Therapy/Cards 1:30 Bible Study 2:30 Bingo/TV 4:00 Hydration Conversation	11 9:30 Music Therapy 10:00 Exercise/TV 10:30 Kingsville B.C 2:00 Basketball/TV 3:00 Senior Olympics Practice 4:00 Reminiscing	12 9:30 Music Therapy 10:00 Exercise/T.V. 10:30 Gods Spoken Word 2:00 Bingo/TV 3:00 Catholic Severs 4:00 Red Hats Meeting	13 9:30 Music Therapy Group Discussion 10:00 Exercise/TV 2:00 Popsicles/Music 4:00 Hydration/ Conversation	14 9:30 Exercise/TV 10:00 8 th District 10:30 Music Therapy/TV 2:00 Bingo/TV 4:00 Coloring/Group Discussion
15 9:30 Music/ Reading 10:00 Religious/ Devotional 2:00 Group Games/Music 3:00 Manicures	16 9:30 Exercise/TV 10:00 Catholic Serv/TV 10:30 Music Therapy 2:00 Board Games 3:00 Senior Olympics Practice 4:00 Letter Writing	17 9:30 Exercise/TV 10:00 Mens Outting Therapy/Cards 1:30 Bible Study 2:30 Bingo/TV 4:00 Hydration/ Conversation 6:30 Providence Min	18 9:30 Music Therapy 10:00 Exercise/TV 10:30 Kingsville B.C 2:30 Westside Singers 3:00 Senior Olympics Practice 4:00 Reminiscing	19 9:30 Music Therapy 10:00 Exercise/Cards 2:00 Bingo/TV 3:00 Catholic Severs 4:00 Coloring/Group Discussion 6:30 Renaissance Bingo	20 SR. OLYMPICS 9:30-4PM 	21 9:30 Exercise/TV 10:00 Chaplin Howard 2:00 BINGO/TV 3:00 Music Therapy/TV 4:00 Coloring/Group Discussion <small>Oktoberfest Begins</small>
22 9:30 Music/ Reading 10:00 Religious/ Devotional 2:00 Group Games/Music 3:00 Manicures	23 9:30 Exercise/TV 10:00 Catholic Serv/TV 10:30 Music Therapy 2:00 Men Under Construction 3:00 Bean Bag Toss <small>Autumn Begins</small>	24 9:15 Library 9:30 Exercise/TV 10:00 Catholic Serv./TV 10:30 Music Therapy 2:30-4 Resident Council 6:30 Minister Williams	25 9:30 Music Therapy 10:00 Exercise/TV 10:30 Kingsville B.C 2:30 Birthday Party 4:00 Reading Daily/Group Discussion	26 9:30 Music Therapy 10:00 Exercise/Cards 2:00 Bingo/TV 3:00 Catholic Severs 4:00 Red Hats Meeting	27 9:30 Music Therapy 10:00 Exercise/TV 1:30 P.O.A/TV 2:00 Ice Cream Social/T.V. 4:00 Current Events/TV	28 9:30 Exercise/TV 10:00 Chaplin Howard 2:00 BINGO/TV 3:00 Second Evergreen 4:00 Coloring/Group Discussion
29 9:30 Music/ Reading 10:00 Religious/ Devotional 2:00 Group Games/Music 3:00 Manicures	30 9:30 Exercise/TV 10:00 Catholic Servers/TV 10:30 Music Therapy 2:30 Board Games/Ice Cream 4:00 Letter Writing <small>Rosh Hashanah (first Day)</small>	 <p style="text-align: center;">SEPTEMBER 2019</p> <p style="text-align: center;">ACTIVITIES ARE SUBJECT TO CHANGE. SEE DIANE DAVIS. BEAUTY SHOP IS TWICE A WEEK. WAL-MART SHOPPING IS EVERY OTHER WEDNESDAY. CIGARETTE SHOPPING IS EVERY FRIDAY.</p>				

THE SUMMIT NURSING HOME 2200 MEMORIAL DRIVE ALEXANDRIA, LA 71301 CONTACT: (318) 445-4300.